

What Is A Scribble Drawing?

The scribble drawing was designed by art therapist Florence Cane. She believed that scribble drawing was a way to get through creative blocks. You can not make a mistake with a scribble. The goal is to move, let loose and enjoy the movement and the unknown.

The first step in this technique is to just scribble all over a piece of paper with a light color piece of chalk or craypas. Next comes the adventure of looking at the scribble from all angles. What can you find?

Is there a person, animal or object? Look carefully. Usually something will surface. If more than one image surfaces decide which image you wish to pursue. Outline it with a dark color.

Next ask yourself where does it lives? Is it alone? If not alone who or what is with it. All this information is added to the picture using the same dark color that was used to outline the image. After all the drawing is done you then are free to color it in.

When finished, the last step is the story telling, or reflection about the completed image. Why did this image in particular need to be drawn out? Does the image remind you of anything? Does it have a story to tell? What is that story? Is there something that it has come to tell you? Is it asking you for something?

This technique is a fun way to work. It allows for a freedom from the worry of "what am I going to do" or "I can't draw" issue. What comes out of the scribble usually amazes the maker. They express wonderment that from a mess they have created a drawing. Then they voice that it is like magic.