

A Scribble A Day Keeps The Doctor Away

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Artist Statement

Aristotle said that the aim of art is to represent not the outward appearance of things, but their inward significance. My work has always reflected a deep connection to my inner life. The images I make tell my story. They show me where I am at any given moment.

The scribble drawings in craypas are brightly colored, fun and whimsical. The images are pulled directly from a scribble. It is an unconscious connection of something in me that becomes conscious. I love that from the chaos order is found. Scribbles allow for great spontaneity. Just like life can be messy, if I slow down, really look, and breathe, there is always something magical to find. I find great joy in their creation and the stories that they tell me.

The collages, color pencils and watercolors are my literal view of home and the communities I have found. There is rarely a lone house any more. Many of the images have a quilt feeling. It imitates the feeling that I have had to sew many things together to create the wholeness I find within myself today.

I truly believe I am alive today because I was given the gift of art making. As the title says I do believe, A Scribble A Day Keeps The Doctor Away. My belief is that making art affirms life. It can be a powerful tool to explore self awareness and engage in the healing of the heart. It is a celebration, a homecoming and way to share. Thank you for celebrating with me the joy I hope is reflected in these images. Because of you my community has just become a little bigger. Enjoy!